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***High School and Middle School Social Studies, Physical Education and Health teacher with 23 years of middle and high school teaching and leadership experience. Applying integrated instruction and innovative methods to reach curriculum standards in a holistic way.***

- Demonstrate success developing Social Studies and Physical Education curriculum and creating differentiated lessons to accommodate various learning styles, abilities, and cultural backgrounds.
- Incorporate sessions and materials assuring real-life relevance for students, maintaining interest and enhancing participation, while creating an environment conducive to risk-taking and engagement.
- Focusing on engaging and appropriate technology integration in the Social Studies, Physical Education and Health curriculums.
- Blend one-on-one, group and whole class instruction, promoting critical thought and comprehension, and building student skill sets to assure success in formative and summative assessments as well as creating life-long learners with a growth mindset.

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### ***Certifications/Education***

**University of South Carolina, Columbia, SC, USA**  
**Doctor of Education in Curriculum and Instruction**  
**Area of specialization: *Educational Technology***

**Michigan State University, East Lansing, MI, USA**  
**Master of Arts in Education**  
**Areas of Specialization: *Sport Leadership and Coaching and Educational Technology***

**Simon Fraser University, Vancouver, BC, Canada**  
**Bachelor of Education with a Minor in International Education**

**British Columbia Professional Teaching Certificate, Grades K-12 (current)**

**Simon Fraser University, Vancouver, BC, Canada**  
**Professional Development Program, High School and Middle School Educator**

**Vancouver Island University, Nanaimo, BC, Canada**  
**Bachelor of Arts in History**  
**Specialization in Comparative History and American History**

**Vancouver Island University, Nanaimo, BC, Canada**  
**Associate of Physical Education Diploma**

**Vancouver Island University, Nanaimo, BC, Canada**  
**Personal and Wellness Trainer Certificate**

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## ***Professional Experience***

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| <b>American School of The Hague</b> , Wassenaar, Netherlands<br><b>High School Social Studies Teacher (AP)</b>   | 2022 – Present                            |
| <b>American School of The Hague</b> , Wassenaar, Netherlands<br><b>Middle School Physical Education and Health Teacher</b>   | 2011 – 2022                               |
| <b>American School of The Hague</b> , Wassenaar, Netherlands<br><b>High School Social Studies; Physical Education and Health and Learning Support Teacher</b>  | 2010 – 2011                               |
| <b>Dalian Maple Leaf International School</b> , Dalian, China.<br><b>Athletics Director, Physical Education Department Head and teacher (Boys &amp; Girls Campuses)</b><br><b>PE 10-12, Social Studies 10-11</b> | 2006 – 2010<br>2008 – 2010                |
| <b>Tsu West High School</b> , Tsu, Mie prefecture, Japan.<br><b>English Communications Head of Department</b><br><b>English Language Teacher grades 10-12</b>  | 2001 – 2004<br>2003 – 2004<br>2001 – 2004 |

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## ***Professional Development***

*SBAR Standards based reporting: High school change in assessment and grading, 2023 - Present*  
*DEIJ, Diversity, Equity, Inclusion and Justice curriculum and practice integration, 2022 - Present*  
*Doctor of Education: Curriculum and Instruction, 2018 - 2023*  
*SEA Change: Advisory program development and implementation, 2022*  
*Council of International Schools (CIS) Child Protection Workshop, 2017*  
*Standards based reporting: Middle school pilot team and mentor, 2014 - 2017*  
*European Council of International Schools (ECIS) Teaching and Curriculum 2013 and 2014*  
*Principle Training Course: Teacher Leader Institute, 2014*  
*European League for Middle Level Educators (ELMLE) 2013*  
*Master of Arts in Education: Educational Technology and Sport Leadership and Coaching, 2010-2012*  
*Differentiation in International Schools, The Powells 2011*  
*Professional Learning Communities, 2009*  
*Workshops for Integrating Technology into Physical Education, 2007 –2009*  
*Performance Standards across the Curriculum, 2008*  
*Gender Specific Strategies for Student Learning, 2008*  
*Geography in Social Studies: The 5 themes of Geography, 2007*

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## ***Extra-Curricular Activities***

**Rock Climbing Club**, Wassenaar, Netherlands. (2022 – 2024)

**Middle School Track and Field Head Coach**, Wassenaar, Netherlands. (2011 – 2020)

**Under - 12 & Under - 14 Volleyball Coach**, Wassenaar, Netherlands. (2011 – 2020)

**Intramurals Sports Program coordinator**, Dalian, China. (2006- 2010)

**BC High School Soccer & Rugby Coach**, Nanaimo and Coquitlam, BC, Canada. (1997–2001 and 2004-2006)

Previously certified (now expired) instructor and coach for nine different sports, including: Volleyball, rock climbing, skiing, snowboarding, field hockey, soccer, strength and conditioning, badminton and golf.

European First Aid certification (expired)

National Lifesaving successful completion (expired)

***References available upon request.***